

REJUVAPEN PREPARATION BEFORE PROCEDURE

1. Avoid unprotected sun exposure for 2 weeks.
2. Get your prescriptions filled for Emla cream and Valtrex. Also, purchase over the counter 1% Hydroquinone Cream and 1% Hydrocortisone Cream.
3. If you get cold sores, start Valtrex 2 days before your procedure.
4. If you do not get cold sores, then start Valtrex the morning of your procedure.
5. One hour before your procedure, wash your face well and remove all oils. Then dry the face and apply a thick layer of Emla cream all over the face including eyelids. Make it especially thick over the upper lip as it is a sensitive area.
6. Please arrive at least 30 minutes before your procedure time so we can assess the degree of your numbness. If you are not completely numb, we might add some more numbing cream.

REJUVAPEN AFTERCARE

1. Avoid sun.
2. Starting tonight apply a small amount of over the counter hydrocortisone cream and prescription hydroquinone cream all over the treated area before going to bed. Do this for 7days.
3. Every morning use at least SPF 30 sunscreen for one month.
4. Take the remaining Valtrex pills tonight.
5. If you get cold sores then you have to take a total of seven days of Valtrex.
6. Do not use any make up for 48 hours.
7. You can shower and wash your face as needed.

If you have any concerns or develop any complications please call our office at (908) 470-2600 or text Dr. Janjua directly at (908) 268-9350